

FREE
COMMUNITY EVENT

Virtual Psychiatric Grand Rounds

SEPTEMBER 2025

Tuesday,
September 30, 2025

Noon to 1:30 p.m. PDT

(No meals or breaks provided)

SPEAKER:

Anna Krasno, PhD
Koegel Autism Center,
UC Santa Barbara

Please register at:

[cottagehealth.org/
psychgrandrounds](https://cottagehealth.org/psychgrandrounds)

After registering you will receive a confirmation email containing information about joining the training.



Autism and the Neurodiversity Paradigm

This presentation will provide information on reframing the general understanding of autism using the neurodiversity paradigm as opposed to the medical model as it details the diagnostic criteria for autism and the many ways it presents across individuals and identities. Understanding of autism and how it can present is vital for clinical practitioners across practice settings. It will describe how clinical providers can shift the language they use when providing support to autistic children and adults and working with neurodiverse individuals and families.

LEARNING OBJECTIVES:

Participants will be able to:

- Define one main difference between the medical model and the neurodiversity paradigm.
- Describe the diagnostic criteria for autism using difference-based language instead of deficit-based language.
- Identify three ways clinicians can shift their practices to provide strength-based and neurodiverse-affirming care for autistic patients and families.



Dr. Krasno is the Clinical Director of the UCSB Koegel Autism Center. She oversees the clinical training and supervision of the Autism Center staff as well as designing and implementing clinical service initiatives. Dr. Krasno is a licensed psychologist and received her PhD in Counseling, Clinical, and School Psychology (clinical emphasis) from the University of California, Santa Barbara in 2014. Prior to her graduate training, she spent two

years as a Donald J. Cohen Fellow in Developmental Social Neuroscience at the Yale Child Study Center's Autism Program (housed within Yale University School of Medicine). She completed her pre-doctoral internship at Children's Health Council in Palo Alto, CA, and Lucille Packard Children's Hospital at Stanford University. She obtained her post-doctoral training at Child Abuse Listening and Mediation (CALM) in Santa Barbara, CA.

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PROGRAM COORDINATOR

Paul Erickson, MD

ADMINISTRATIVE COORDINATOR

Frances McKinney

EDUCATION CONSULTANTS

Jennifer Granger Brown,
MSN, RN, CHSE

Stephanie Molina, LMFT, CEAP

Tamara Norton, MHS, CPCS

TARGET AUDIENCE

Addiction Counselors

Clinical Nurse Specialists

Counselors

Marriage & Family Therapists

Nurse Practitioners

Nurses

Occupational Therapists

Occupational Therapy Assistants

Other Mental Health Professionals

Pharmacists

Psychologists

Psychotherapists

Social Workers

07/2025 RLC

CAMFT / BRN CONTINUING EDUCATION CREDITS FOR COTTAGE HEALTH EMPLOYEES

Attendance for the full hour and Zoom registration is required to receive credit. CE credit is not offered for meals or breaks.

LMFTS, LCSWS, LPCCS AND LEPS: Course meets the qualifications for one hour of continuing education credit as required by the California Board of Behavioral Sciences. Santa Barbara Cottage Hospital is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and LEPs (provider #57341) and Santa Barbara Cottage Hospital maintains responsibility for the program/course and its content.

REGISTERED NURSES (RNS): Provider approved by the California Board of Registered Nursing, Provider #00252 for 1.0 contact hour.

CERTIFICATES: Cottage Health employees will receive certificates in Compass Learning after completed evaluation is processed.

FOR PHYSICIANS AND PSYCHOLOGISTS

PHYSICIANS: The Santa Barbara County Consortium for Continuing Medical Education is accredited by the California Medical Association (CMA) to provide continuing medical education for physicians.



The Santa Barbara County Consortium for Continuing Medical Education designates each live activity listed for a maximum of *1.0 AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PSYCHOLOGISTS: Please contact Tamara Norton if you would like to receive a Certificate of Attendance for this event at tnorton@sbch.org and 805-569-7245.

Notes

GRIEVANCES: Contact the Education and Nursing Professional Development Department at 805-569-7325.

SPECIAL ACCOMMODATION: If you are in need of special accommodation, contact the Education and Nursing Professional Development Department at 805-569-7325.

DISCLOSURES: The planners and speaker of this live internet activity have stated that they do not have any current relationships with ineligible companies. This activity did not receive commercial support.