



(Zip)

AUTHORIZATION FOR DISCLOSURE OF HEALTH INFORMATION

This document authorizes disclosure of individually identifiable health information required by State and Federal law. You may refuse to sign this authorization. Refusal to sign will not affect your ability to obtain services from Cottage Health (CH).

Failure to provide all information requested may invalidate this authorization.

A. PATIENT INFORMA Patient Name (please print		, J	
Date of Birth:	Other names:		
B. ABOUT THE HEALT I request and authorize the	 TH INFORMATION	N:	named patient for health
care services provided by: ☐ Santa Barbara Cotta ☐ Santa Ynez Valley (☐ Pacific Diagnostic I	Cottage Hospital	☐ Goleta Valley Cot☐ Cottage Rehabilita☐ Cottage Urgent Ca☐ Other:	ation Hospital
Please note: Mental Health protected by special confide disclosure. Please indicate if ye	ntiality laws that requ	ire you specify if this d	lata is to be included in this
**Mental Health *California State Law requires **Defined as "Health care that system and its functions and pro-	we obtain written permis affects the health of an in	ssion from the Attending Ph	~
Date(s) of visit or care (pl	ease be specific):		
Health information to be re	leased: Emergence	y Dept. Record 🗌 Prov	rider (Physician) Notes
☐ Diagnostic Test Results	(Labs, Radiology Re	eports, Etc.) \square Operative	ve/Procedure Report(s)
☐ Radiology Images ☐ Bi	lling Other (please	e specify):	
This information will be us	ed for the following	purpose(s): Continu	nation of Care
☐ Insurance ☐ Legal	☐ Personal files ☐	Other:	
C. TO WHOM INFORM	ATION SHOULD	BE GIVEN:	
I authorize this information	be disclosed to: \Box	Patient (self)	
☐ Other, Name:			
Relationship:			
Recipient contact number:			
D. DELIVERY METHO	D (select one): \square M	¶yChart ☐ Pick-up (a	appointment only)
☐ E-mail:			
□ 3. 6 9		(City)	
(Street address)		(City)	(Zip)

(City)

E. EXPIRATION: This authorization is effective now and will remain in If no date is indicated, this Authorization will expire	effect until (insert date): 12 months after the date of	of signing this form.
 F. YOUR RIGHTS: You have a right to receive a copy of this Authorize you, please provide complete mailing address who 	<u> </u>	- ·
Address:	State:	Zip:
Copy provided:		
 You have a right to revoke (withdraw) this authorized written request to: Health Information Manager address below). 		
G. RESTRICTIONS: The recipient of the protected health information is punless the recipient obtains another authorization fro required or permitted by law.		_
H. COST & TIME Cost: There may be a fee for copies of medical record any fees incurred. This fee is waived for copies of he provider. Copies are usually available within 15 days	alth information sent dire	ectly to a health care
I. AUTHORIZING SIGNATURE: (VALID ELECT	RONIC SIGNATURES V	VILL BE ACCEPTED)
Signature:	Date:	
Print Name:		
Requester contact number (if different than recipient		
If not signed by the patient, please indicate relationship Legal documents validating authority will be require ☐ Parent or guardian of minor patient (to the extent ☐ Guardian or conservator of an incompetent patien ☐ Beneficiary or personal representative of a decease	d before this request can minor could not have cor t	be honored:
Submit completed form to Health Information below:	Management via any m	ethod
E-MAIL: medicalrecords@sbch.org FAX	X: (805) 749-2879	
MAIL: Cottage Health, H.I.M. Dept., P.O. Box 689), Santa Barbara, CA 931	02

Page 2 of 2 Form NS1405 (Rev. 08/2025)

If you have questions, please call 805-352-2506