

grief resources for loss of a child

HELP of Ojai - Student Bereavement Program

helpofojai.org/smhc

Provides counseling services to students, ranging from kindergarten through high school, who need support after suffering a loss in their lives.

For more information, please call (805) 646-5122.

TRI-COUNTY AREA

Hospice of Santa Barbara

hospiceofsantabarbara.org

Provides free, confidential and professional counseling to anyone grieving the death of a loved one. Specialized services for families and children include:

- Individual, family and couple grief counseling
- Individual grief counseling for children – five specially trained counselors are available to provide grief counseling for ages 3-18 in both English and Spanish
- Living with Loss Support Group (Pregnancy/Infant Loss) - for parents grieving a pregnancy loss or loss of an infant
- Parenting After Loss (PAL) Support Group – an eight week group for surviving parents/guardians and their children who have experienced the death of a parent in the family.

For more information, please call (805) 563-8820.

Marian Regional Medical Center, Santa Maria

dignityhealth.org/central-coast/locations/marianregional/classes-and-events/home-health-hospice-infusion

- Parent's Grief Support Group - for the loss of a child prenatal through age 5. Meets every 2nd and 4th Tuesday, 4:30 - 6 p.m. For more information please call (855) 420-4067.
- Parents Sharing Sorrow and Hope: Loss of a child (of any age) Support Group - meets every 3rd Tuesday at 6:30 p.m. at Church of Christ, 795 E. Foster Road. For registration, please call (805) 466-0294.

Hospice of San Luis Obispo

hospiceslo.org

- Grief Counseling Services are provided by licensed therapists, MFT and Social Work Interns. and Masters Prepared trainees under the clinical supervision of licensed staff. Supportive grief counseling after a death is available to anyone in the community at no charge for up to 10 sessions. Counseling services include adult, child and family counseling.
- Child Loss Support Group - helps those grieving the loss of a child.
- Suicide Bereavement Support Group - for those left behind after someone important to them completed suicide.

For more information, please call (805) 544-2266.

Camarillo Hospice

camarillohospice.org

Provides free grief counseling to Ventura county residents including individual, couple, and family grief counseling and grief support groups. Also includes children and teen grief support groups. Meets 1st and 3rd Tuesday of every month from 5:30 to 7:00 p.m. Services also available in Spanish.

For more information, please call Stacia Sickel at (805) 389-6870 x452.

The Compassionate Friends

compassionatefriends.org

Bereavement support for families after a child has died. Written materials, online support groups, newsletter and telephone support. Ventura chapter support group meets twice monthly.

For more information, please contact Janice at (805) 579-7065 or Lynn at (805) 443-1905.

Camp Good Grief

Provides a three day sleep-away camp experience for children ages 10 to 16 who have experienced the death of a parent or sibling. Affiliated with Loma Linda University Children's Hospital, a Christian-based hospital. Camp is located in San Bernadino mountains and is free of charge. Family must provide transportation for child to camp. Application process required.

For more information, please contact Dorothy Brooks, Grief Director, at (909) 558-4073.

NATIONAL

Centering Corporation

centering.org

Non-profit organization dedicated to providing printed resources to bereaved families. Wide selection of books and inexpensive booklets including some free materials as well. Catalog of grief literature and monthly grief magazine available on request.

For more information, please call (866) 218-0101.

The Dougy Center

dougy.org

National Center for grieving children and their families. Provides online bereavement resources.

For more information, please call (866) 775-5683.

Compassion Book Service

compassionbooks.com

Extensive selection of books on death and dying, comfort, and hope. Themes include books for and about children, adolescents, bereaved parents, childbearing and infant loss, comfort for bereaved parents, caring for the dying, professional resources and video resources.

For more information, please call (800) 970-4220.

Twinless Twins Support Group International

twinlesstwins.org

Provides support for twins and other multiples that have lost their twin. Includes regional activities, national conferences and printed/educational resources.

For more information, please call (888) 205-8962.