

SANTA BARBARA COTTAGE HOSPITAL

Gastroenterology Elective Application Package

Dear Medical Student:

This is an application package for a four-week Gastroenterology elective rotation at Santa Barbara Cottage Hospital. You **must be in your fourth year of medical school** as of the rotation dates you request.

To begin this process, complete the application form and email it with your current CV to imresidency@sbch.org as soon as possible. Our Program Director will review each application for approval. Please do not contact your medical school for documentation until you are informed that your application has been approved.

In choosing your desired rotation dates, please note that our rotations may begin on any Monday (subject to availability) and end on Friday of the fourth week. You must indicate first, second and third choice rotation dates.

It is essential that you read **all** of the information provided in this application packet. Please pay special attention to the information regarding the housing we offer.

If you have any questions, please contact me via email at imresidency@sbch.org.

Sincerely,

Anabel Fernandez
Institutional Coordinator/IM Program Assistant
Internal Medicine
Santa Barbara Cottage Hospital



GASTROENTEROLOGY ELECTIVE

Application

Name _____ Date of Birth _____

Email _____ Cell Phone _____

Mailing Address _____

City/State/Zip Code _____

Citizenship/Visa Status _____

Premedical Education _____

Medical School _____

Expected Month and Year of Graduation _____

Name of hospital where third-year Internal Medicine clerkship was performed and dates of the clerkship

Medical School Coordinator's Name _____

Medical School Coordinator's Email _____

USMLE or COMLEX I Score: _____ USMLE or COMLEX 2 Score: _____

Planned Career Specialty (Internal Medicine, Radiology, etc.) _____

Explain why you are interested in our Gastroenterology elective at Santa Barbara Cottage Hospital: _____

ROTATION DATES

March 30, 2026 –
April 24, 2026

April 27, 2026 –
May 22, 2026

May 25, 2026 –
June 19, 2026

June 22, 2026 –
July 17, 2026

July 20, 2026 –
August 14, 2026

Rotations are four weeks in length and may start on any Monday (subject to availability) and end on Friday of the fourth week. Please indicate your preference for rotations with first choice as your ideal rotation, and second and third choices as alternate dates.

First Choice Rotation Dates: Start _____ Finish _____

Second Choice Rotation Dates: Start _____ Finish _____

Third Choice Rotation Dates: Start _____ Finish _____

CONTINUED..

GASTROENTEROLOGY ELECTIVE **Application** CONTINUED...

For GI electives, students must have finished three (3) full years of medical school or its equivalent (at least one year of clinical experience) and must be a fourth-year student during the actual rotation period.

.....
If it is available, will you like housing? Yes No

If yes, are you male or female? Male Female

If housing is not available, will you still accept this rotation? Yes No
.....

Signature _____ Date _____

(Type your name if submitting application electronically)

EMAIL: imresidency@sbch.org



Description

The Inpatient Gastroenterology (GI) Rotation provides a comprehensive and immersive clinical experience designed to advance students' diagnostic reasoning and deepen their understanding of gastrointestinal diseases commonly encountered in the hospital setting.

During the four-week rotation, students work directly with an Attending Gastroenterologist and receive additional guidance from a Senior Medical Resident. Students participate in the evaluation and management of hospitalized patients with a broad range of GI conditions, gaining exposure to both acute and chronic presentations.

Students will have the opportunity to observe endoscopic procedures, allowing them to become familiar with the diagnostic and therapeutic applications of modern endoscopy. These observations help build foundational knowledge of tools and techniques used in contemporary GI practice.

Daily teaching is integrated throughout the rotation, including case-based discussions with attending physicians and residents. Students also take part in the Internal Medicine Residency Program's educational activities, such as Morning Report and the daily Noon Conference.

The rotation schedule follows a Monday–Friday format.

Externships for fourth year medical students are offered in the following areas:

- | | |
|-------------------------|------------------------|
| 1. Internal Medicine | 4. Pediatrics |
| 2. Diagnostic Radiology | 5. Gastroenterology |
| 3. General Surgery | 6. Intensive Care Unit |

The rotations are four weeks in length. A rotation may start on any Monday and end on Friday of the fourth week. Externships are available at any time of the year and applications should be made at least four months in advance. Please note, however, that there are no Internal Medicine rotations offered starting mid-June through the end of July. Due to the individualized attention afforded each and every student, we accept only a limited number of fourth year students at any one time.

REQUIREMENTS

1. Completion of three years of medical school education, including at least one year of clinical experience prior to the time of appointment.
2. A letter of recommendation or an evaluation with narrative comments from your Internal Medicine clerkship preceptor, a letter of evaluation from another clerkship will also be accepted.
3. Completed application

CONTINUED...

RESPONSIBILITIES

1. The extern doing a Gastroenterology, Internal Medicine or General Surgery rotation will be assigned to a ward team and function as an integral part of that team. The extern will have the opportunity to evaluate patients, dictate history and physicals, write progress notes, participate in procedures, and have clinical responsibility for patient management under the guidance of a senior resident and attending physician. Orders may be written by the extern, but must be co-signed by the supervising resident or attending physician.
2. Externs in Diagnostic Radiology will participate in the usual teaching activities and clinical care offered by the Radiology Department. Radiology externs are required to wear their white lab coats during the rotation. In order to achieve Honors as an overall/final grade, the extern is required to complete one oral presentation on a topic of interest. Further information on the report and presentation will be provided by the Radiology Residency Coordinator at the beginning of the rotation.

HOUSING

Complimentary housing is provided to medical students, but availability is limited and is given on a first-come, first-served basis. Please be aware that each housing apartment is usually shared with another extern of the same sex. **Accordingly, no family, friends or pets are permitted to stay in extern housing. Also, there is a strict no smoking policy enforced in the student apartments.**

We expect you to live quietly in the housing as there are permanent tenants in the building and you must be considerate of the neighbors. Housing can only be guaranteed once all paperwork is received from the student's medical school **AND** the student has signed and returned the Externship Agreement.

RESOURCES

There is an excellent Medical Library with free copying and computer privileges for residents and students. Wi-Fi is available throughout the hospital.

EVALUATION

Performance reports will be submitted to the Dean of the extern's medical school following completion of the externship.

ADDITIONAL INFORMATION

For additional information please contact:

Anabel Fernandez, Institutional Coordinator/IM Program Assistant
Santa Barbara Cottage Hospital | imresidency@sbch.org