



# COVID-19

## Precautions in Effect

*Important Information  
for Hospital Visitors*

Cottage Health hospitals are adhering to the California Department of Public Health's (CDPH) current order to restrict visits, with exceptions based on clinical area.

These restrictions help protect our patients, healthcare staff and community from the spread of COVID-19.

Please ask your care team for guidance if you have any questions.

### *Guidelines for Visitors:*

- Cottage Rehabilitation Hospital (CRH) visitor hours are **3:30–7 p.m. Monday through Saturday, and 8 a.m.–7 p.m. Sunday**, with no overnight stays. One visitor at a time will be permitted for each patient, with a limit of two visitors per day.
- **Visitors must show proof of full COVID-19 vaccination or negative test within 72 hours prior to visit.**
- Visitors are not allowed in dual-occupied, semi-private patient rooms. If patient is in a dual-occupied, semi-private room, each visitor must meet patient in a designated location (CRH courtyards).
- If patient is in a private, single-occupant room, each visitor must remain in the patient room for the duration of their visit. Visitors must wear a mask at all times within the patient room.
- **Visitors must check in with the Concierge upon arrival and check out with the Concierge upon departure. Visitors are to enter and exit CRH through the front of the building.**
- **Please clean your hands upon entering and exiting.**
- You will be provided a mask at the entrance screening. Wear the mask over your **nose and mouth at all times**. Avoid touching your face.
- To comply with CDPH guidance and protect hospital patients and staff, **visitors must wear a mask at all times within the hospital and in outdoor areas**. Even if our staff is not in the room or visiting area, the mask needs to be worn to prevent germs from spreading into the air. **Wearing a mask is a requirement to maintain visitor privileges.**
- We encourage virtual visits to help stay connected to loved ones. Any use of video, streaming or photography needs to take place in the patient room or visiting area. No recording of other patients, visitors or staff is allowed.
- Please turn off your mobile device if staff are present.
- Visitors are allowed to bring patients food from home or restaurants, but cannot have meals with patients due to mask requirements.

Updated 10/18/2021  
Reference California Department of Public Health