

Medication Adjustments for Diabetics

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|--------------------------|--|---|
| Stop 7 days prior | GLP-1 agonists Bydreon (Exenatide) Trulicity (Dulaglutide) Ozempic (Semaglutide) Mounjaro (Tirzepatide) Tanzeum (Albiglutide) Saxendra (Liraglutide) | <p>Hold all oral agents, short acting GLP-1 agonists and all non-insulin therapy the day of surgery. Take according to schedule the day before surgery.</p> <p>If Hypoglycemic in the morning of surgery, drink 4 - 8 oz. of clear apple juice depending on the severity of the hypoglycemia.</p> |
| Stop 4 days prior | Ertugliflozin (Steglatro, Steglujan) | |
| Stop 3 days prior | Canagliflozin (Invokana, Invokamet) Dapagliflozin (Farxiga, Xigduo, Qtern) Empagliflozin (Jardiance, Glyxambi, Synjardy) | |

PreOp Insulin Instructions

| Insulin | Adjustment |
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| Long-acting Insulin: Glargine, Lantus, Basaglar, Levemir, Detemir, Toujeo, Xultophy (Degludec/liraglutide) | Evening before surgery = decrease dose by 20% Morning of surgery = decrease dose by 20% <i>(multiply the dose by 0.8)</i> |
| Tresiba | Decrease by 20% 3 days prior to surgery, if possible <i>(multiply the dose by 0.8)</i> Continue to take 1-2 times per day as usual |
| Intermediate Acting: NPH Humulin N | Evening before surgery = decrease dose by 25% <i>(multiply the dose by 0.75)</i> Morning of surgery = decrease dose by 50% <i>(multiply dose by 0.5)</i> |
| Short-acting Insulin: Aspart, Novolgo, Lispro, Humalog, Humalin R, Guisine, Apidra | Do not take morning of surgery unless directed. If blood sugar > 200, dose decrease by 50% <i>(multiply dose by 0.5)</i> |

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