

FREE
COMMUNITY EVENT

Virtual Psychiatric Grand Rounds

SEPTEMBER 2024

Please register at:

[cottagehealth.org/
psychgrandrounds](https://cottagehealth.org/psychgrandrounds)

After registering you will receive a confirmation email containing information about joining the training.



Critical Resilience: Strength in the Face of Oppression

Tuesday, September 24, 2024

Noon to 1:30 p.m. (No meals or breaks provided)

SPEAKERS:

Melissa L. Morgan, PhD

Professor, University of Illinois Urbana-Champaign, Department of Educational Psychology

COURSE DESCRIPTION:

The concept of Critical Resilience (Morgan, 2024) will be discussed and explicated through research findings from Mixed Methods studies conducted by the author and her students over the past 15 years. Literature creating the foundation for the evaluation will be explored and several studies and their findings will be highlighted.

LEARNING OBJECTIVES:

- Explain three points about background of construct of critical resilience.
- Describe two research studies conducted in the area of critical resilience.
- Identify three future directions for research on critical resilience.



MELISSA L. MORGAN is a professor in the Department of Educational Psychology, Counseling Psychology Area, at the University of Illinois Urbana-Champaign. A graduate of Loyola University Chicago's Counseling Psychology program, her research interests lie in the areas of resilience, thriving, social justice and immigration in Latinx populations. Dr. Morgan has published and presented extensively in the above areas, including her recent 2023 book titled, *Critical Resilience and Thriving in Response to Systemic*

Oppression: Insights to Inform Social Justice in Critical Times. She teaches academic courses on multicultural issues, theories, gender issues in counseling, ethnic and racial issues in counseling, prevention, Community-based Participatory Research (CBPR), and qualitative methods.

Virtual Psychiatric Grand Rounds

PROGRAM COORDINATOR

Paul Erickson, MD

ADMINISTRATIVE COORDINATOR

Frances McKinney

EDUCATION CONSULTANTS

Jennifer Granger Brown, MSN, RN

Stephanie Molina, LMFT, CEAP

Tamara Norton, MHS, CPCS

TARGET AUDIENCE

Addiction Counselors

Clinical Nurse Specialists

Counselors

Marriage & Family Therapists

Nurse Practitioners

Nurses

Occupational Therapists

Occupational Therapy Assistants

Other Mental Health Professionals

Pharmacists

Psychologists

Psychotherapists

Social Workers

08/2024 RLC

CAMFT / BRN CONTINUING EDUCATION CREDITS FOR COTTAGE HEALTH EMPLOYEES

Attendance for the full hour and Zoom registration is required to receive credit. CE credit is not offered for meals or breaks.

LMFTS, LCSWS, LPCCS AND LEPS: Course meets the qualifications for one hour of continuing education credit as required by the California Board of Behavioral Sciences. Santa Barbara Cottage Hospital is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and LEPs (provider #57341) and Santa Barbara Cottage Hospital maintains responsibility for the program/course and its content.

REGISTERED NURSES (RNS): Provider approved by the California Board of Registered Nursing, Provider #00252 for 1.0 contact hour.

CERTIFICATES: Cottage Health employees will receive certificates in Compass Learning after completed evaluation is processed.

FOR PHYSICIANS AND PSYCHOLOGISTS

PHYSICIANS: The Santa Barbara County Consortium for Continuing Medical Education is accredited by the California Medical Association (CMA) to provide continuing medical education for physicians.



The Santa Barbara County Consortium for Continuing Medical Education designates each live activity listed for a maximum of *1.0 AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PSYCHOLOGISTS: Please contact Tamara Norton if you would like to receive a Certificate of Attendance for this event at tnorton@sbch.org and 805-569-7245.

Notes

GRIEVANCES: Contact the Education and Nursing Professional Development Department at 805-569-7325.

SPECIAL ACCOMMODATION: If you are in need of special accommodation, contact the Education and Nursing Professional Development Department at 805-569-7325.

DISCLOSURES: The planners and speaker of this live internet activity have stated that they do not have any current relationships with ineligible companies. This activity did not receive commercial support.