

FREE
COMMUNITY EVENT

Virtual Psychiatric Grand Rounds

NOVEMBER 2024

Please register at:

[cottagehealth.org/
psychgrandrounds](https://cottagehealth.org/psychgrandrounds)

After registering you will receive a confirmation email containing information about joining the training.



Psilocybin for Psychiatric Disorders: An Overview of the Scientific Literature

Tuesday, November 19, 2024

Noon to 1:30 p.m. (No meals or breaks provided)

PRESENTER:

Dustin Sanchez, MD

Psychiatrist, Santa Barbara Cottage Hospital

COURSE DESCRIPTION:

This course will review the cultural, social and legal history of psilocybin. Dr. Sanchez will present an overview of the pharmacology of psilocybin and discuss the relevant scientific literature with an emphasis on clinical applications, as well as review the best evidence for clinical use of psilocybin in psychiatric disorders.

LEARNING OBJECTIVES:

- Define the cultural, social and legal history of psilocybin.
- Explain the pharmacology of psilocybin.
- Identify the relevant scientific literature of psilocybin use in humans and best evidence for clinical use in psychiatric disorders.



DUSTIN SANCHEZ, MD, is a staff psychiatrist at Santa Barbara Cottage Hospital. He attended Stanford University and the University of Southern California Keck School of Medicine, completing his psychiatry residency and child and adolescent psychiatry fellowship at Stanford University. He also completed a visiting fellowship in Transcranial Magnetic Stimulation (TMS) at Duke University Medical Center. Dr. Sanchez is

double board-certified in psychiatry and child and adolescent psychiatry. He is particularly interested in early identification and treatment of psychiatric disorders in children and adolescents, as well as global mental health issues. He is actively involved in teaching and frequently gives talks in the community.

Virtual Psychiatric Grand Rounds

PROGRAM COORDINATOR

Paul Erickson, MD

ADMINISTRATIVE COORDINATOR

Frances McKinney

EDUCATION CONSULTANTS

Jennifer Granger Brown, MSN, RN

Stephanie Molina, LMFT, CEAP

Tamara Norton, MHS, CPCS

TARGET AUDIENCE

Addiction Counselors

Clinical Nurse Specialists

Counselors

Marriage & Family Therapists

Nurse Practitioners

Nurses

Occupational Therapists

Occupational Therapy Assistants

Other Mental Health Professionals

Pharmacists

Psychologists

Psychotherapists

Social Workers

10/2024 RLC

CAMFT / BRN CONTINUING EDUCATION CREDITS FOR COTTAGE HEALTH EMPLOYEES

Attendance for the full hour and Zoom registration is required to receive credit. CE credit is not offered for meals or breaks.

LMFTS, LCSWS, LPCCS AND LEPS: Course meets the qualifications for one hour of continuing education credit as required by the California Board of Behavioral Sciences. Santa Barbara Cottage Hospital is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and LEPs (provider #57341) and Santa Barbara Cottage Hospital maintains responsibility for the program/course and its content.

REGISTERED NURSES (RNS): Provider approved by the California Board of Registered Nursing, Provider #00252 for 1.0 contact hour.

CERTIFICATES: Cottage Health employees will receive certificates in Compass Learning after completed evaluation is processed.

FOR PHYSICIANS AND PSYCHOLOGISTS

PHYSICIANS: The Santa Barbara County Consortium for Continuing Medical Education is accredited by the California Medical Association (CMA) to provide continuing medical education for physicians.



The Santa Barbara County Consortium for Continuing Medical Education designates each live activity listed for a maximum of *1.0 AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PSYCHOLOGISTS: Please contact Tamara Norton if you would like to receive a Certificate of Attendance for this event at tnorton@sbch.org and 805-569-7245.

Notes

GRIEVANCES: Contact the Education and Nursing Professional Development Department at 805-569-7325.

SPECIAL ACCOMMODATION: If you are in need of special accommodation, contact the Education and Nursing Professional Development Department at 805-569-7325.

DISCLOSURES: The planners and speaker of this live internet activity have stated that they do not have any current relationships with ineligible companies. This activity did not receive commercial support.