

# What **NAMI** Can Do for Your Patients and Families

NOVEMBER 2023

## PRESENTER:

**Ken Duckworth, MD**

Chief Medical Officer of the National Alliance on Mental Illness (NAMI)

NAMI works to educate, support, advocate, listen and improve the lives of people with mental illness and their loved ones. Dr. Duckworth will discuss NAMI's free programs, research and NAMI's first book, *You are Not Alone*. NAMI interviewed 130 people who have helped themselves or family members with serious mental health concerns. The method used was designed to elevate the voice of lived experience and to identify real people, while reducing shame and isolation, which can be common with mental health and addiction issues.

Dr. Duckworth looks forward to answering questions. If you have a question in advance, please enter it on the form in the Zoom registration, or send an email to Frances McKinney at [fmckinne@sbch.org](mailto:fmckinne@sbch.org)

## LEARNING OBJECTIVES:

- Describe NAMI's programs and the research behind Family to Family education programs
- Distinguish the concept of lived experience as a new form of expertise
- Understand what NAMI can do for your patients and families



**KEN DUCKWORTH, MD**, is the Chief Medical Officer of the National Alliance on Mental Illness (NAMI) and has been the medical director since 2003. He is also the assistant professor of psychiatry at Harvard Medical School and an adjunct clinical assistant professor of health and policy management at the Boston University School of Public Health. Dr. Duckworth has served as a board member of the American Association for Community Psychiatry and worked for years as a psychiatrist on an assertive community treatment team. He lives near Boston, Massachusetts.

Santa Barbara Cottage Hospital  
Psychiatry and Addiction Medicine  
Department invites you to virtually  
attend its November 2023 presentation.

**TUESDAY, NOVEMBER 28, 2023**

Noon to 1:30 p.m.

No meals or breaks provided.

Please register at:

[cottagehealth.org/psychgrandrounds](https://cottagehealth.org/psychgrandrounds)

After registering you will receive  
a confirmation email containing  
information about joining the training.

**FREE COMMUNITY EVENT****PROGRAM COORDINATORS**

Carole Reynolds Ingraham, LMFT  
Frances McKinney

**EDUCATION CONSULTANTS**

Jennifer Granger Brown, MSN, RN  
Tamara Norton, MHS, CPCS

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Addiction Medicine services at:  
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