

FREE  
COMMUNITY EVENT

# Virtual Psychiatric Grand Rounds

MAY 2024

Santa Barbara Cottage Hospital  
Psychiatry and Addiction  
Medicine Department invites  
you to virtually attend its May  
2024 presentation.

Please register at:

[cottagehealth.org/  
psychgrandrounds](https://cottagehealth.org/psychgrandrounds)

After registering you will receive  
a confirmation email containing  
information about joining the  
training.



## Beyond Recruitment: Addressing Systemic Racism in Psychiatry Residency

Tuesday, May 21, 2024

Noon to 1:30 p.m. (No meals or breaks provided)

**SPEAKER:** Danielle R. Hairston, MD

### COURSE DESCRIPTION:

This presentation dives into the critical issue of racial disparities in mental health care and how it connects to the underrepresentation of minorities in psychiatry. We will explore racism as a systemic issue with three key levels: institutional, interpersonal, and internalized. Data shows a significant impact of racism on the mental well-being of African Americans. The presentation will then focus on solutions through a race equity framework. We will discuss the importance of a diverse and culturally competent psychiatric workforce, highlighting that it's crucial for addressing these disparities. Finally, you will learn key strategies for recruiting and retaining a more diverse group of psychiatrists, ultimately creating a more equitable mental health care system for all.

### LEARNING OBJECTIVES:

- Describe the importance of a diverse and structurally competent psychiatric workforce in meeting the healthcare and behavioral health needs in this country.
- Define systemic racism in psychiatry and explain its negative impact on both patients and physicians.
- Identify strategies for and highlight the importance of, recruiting and retaining a diverse psychiatric workforce to address disparities in mental health care for racial and ethnic minority patient populations.



**DANIELLE HAIRSTON, MD** is a double board-certified Adult/ Consultation-Liaison psychiatrist, medical educator, author, speaker, and promoter of mental wellness. Dr. Danielle Hairston was raised in the Washington, DC metropolitan area. She attended Rutgers University for her undergraduate education, and earned a degree in Biological Sciences. She earned her medical degree at Howard University College of Medicine. Dr. Hairston was Chief Resident for the Department of Psychiatry at Howard University Hospital, where she completed her general psychiatry residency. She completed her Consultation-Liaison Psychiatry Fellowship at and went on to become faculty at the University of Maryland School of Medicine, Department of Psychiatry, in Baltimore, MD. Dr. Hairston returned to Howard University College of Medicine as an Assistant Professor and was recently appointed as the Psychiatry Residency Program Director. Dr. Hairston is the immediate past president of the American Psychiatric Association (APA)'s Black Caucus, serving from 2019-2022. She has served as the Black Psychiatrists of America (BPA) Scientific Program Chair since 2016. Dr. Hairston has spoken nationally and internationally about the impact of race and culture on mental health. She is a contributing author to the recently published book, *Racism and Psychiatry: Contemporary Issues and Interventions*. Dr. Hairston is a Robert Wood Johnson Culture of Health Leader. She is the content creator for the mixed media platform Black Psychiatry and podcast co-host for the new podcast *The Next 72 Hours*. Her interests include consultation-liaison psychiatry, resident education, underrepresented minorities in medicine, HBCU medical education, and structural racism.

# Virtual Psychiatric Grand Rounds

## PROGRAM COORDINATOR

Paul Erickson, MD

## ADMINISTRATIVE COORDINATOR

Frances McKinney

## EDUCATION CONSULTANTS

Jennifer Granger Brown, MSN, RN  
Tamara Norton, MHS, CPCS

## TARGET AUDIENCE

Addiction Counselors  
Clinical Nurse Specialists  
Counselors  
Marriage & Family Therapists  
Nurse Practitioners  
Nurses  
Occupational Therapists  
Occupational Therapy Assistants  
Other Mental Health Professionals  
Pharmacists  
Psychologists  
Psychotherapists  
Social Workers

03/2024 RLC

## CAMFT / BRN CONTINUING EDUCATION CREDITS FOR COTTAGE HEALTH EMPLOYEES

Attendance for the full hour and Zoom registration is required to receive credit. CE credit is not offered for meals or breaks.

**LMFTS, LCSWS, LPCCS AND LEPS:** Course meets the qualifications for one hour of continuing education credit as required by the California Board of Behavioral Sciences. Santa Barbara Cottage Hospital is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and LEPs (provider #57341) and Santa Barbara Cottage Hospital maintains responsibility for the program/course and its content.

**REGISTERED NURSES (RNS):** Provider approved by the California Board of Registered Nursing, Provider #00252 for 1.0 contact hour.

**CERTIFICATES:** Cottage Health employees will receive certificates in Compass Learning after completed evaluation is processed.

## FOR PHYSICIANS AND PSYCHOLOGISTS

**PHYSICIANS:** The Santa Barbara County Consortium for Continuing Medical Education is accredited by the California Medical Association (CMA) to provide continuing medical education for physicians.



The Santa Barbara County Consortium for Continuing Medical Education designates each live activity listed for a maximum of *1.0 AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**PSYCHOLOGISTS:** Please contact Tamara Norton if you would like to receive a Certificate of Attendance for this event at [tnorton@sbch.org](mailto:tnorton@sbch.org) and 805-569-7245.

## Notes

**GRIEVANCES:** Contact the Education and Nursing Professional Development Department at 805-569-7325.

**SPECIAL ACCOMMODATION:** If you are in need of special accommodation, contact the Education and Nursing Professional Development Department at 805-569-7325.

**DISCLOSURES:** The planners and speaker of this live internet activity have stated that they do not have any current relationships with ineligible companies. This activity did not receive commercial support.