

Open Dialogue: A Radically Common-Sense Approach to Psychiatric Crises

PRESENTER:

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Open Dialogue is an innovative approach to psychiatric crises developed in Finland that has aimed to create more person-centered, humane and effective mental healthcare. This psychosocial intervention has two components: a community-based, integrated treatment system that engages families and social networks from the beginning, and "Dialogic Practice," a distinct form of conversation within open psychiatric meetings. In the U.S., the Open Dialogue approach has been used in multiple settings including McLean Hospital (Harvard), Grady Hospital (Emory) and the University of New Mexico, as well as in public psychiatry settings in Massachusetts, New York, Vermont and California. In this presentation, Dr. Rosen will describe the history of Open Dialogue, its principles, how it differs from typical psychiatric care in the U.S., research outcomes suggesting the benefits of this approach and how to use Open Dialogue principles in diverse clinical settings.

LEARNING OBJECTIVES:

- Review the history and philosophy of Open Dialogue
- Differentiate the Open Dialogue approach from typical approaches to mental health care in the United States
- Examine the international research relating to Open Dialogue
- Apply the dialogic principles and examine the potential benefits

KAYLA ROSEN, MD, is a psychiatrist at the University of California, Santa Barbara, Student Health Service. She has also worked at the Santa Barbara Neighborhood Clinics and the Santa Barbara County Department of Behavioral Wellness. She received her MD from the University of Pennsylvania and did her psychiatry residency training at Harvard Medical School in the Massachusetts General Hospital and McLean Hospital program. She completed two years of training at the Institute for Dialogic Practice. Her interests include innovative approaches to psychiatric crises, Dialogic Practice, integrated care, underserved populations, humanities and medicine and perinatal mental health.

MAY 2022

Santa Barbara Cottage Hospital
Psychiatry and Addiction Medicine
Department invites you to virtually
attend its May 2022 presentation.

TUESDAY, MAY 24, 2022

Noon to 1:30 p.m.
No meals or breaks provided.

Please register at:

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