

FREE
COMMUNITY EVENT

Virtual Psychiatric Grand Rounds

MARCH 2025

Tuesday, March 25, 2025

Noon to 1:30 p.m.

(No meals or breaks provided)

SPEAKER:

Camila Lettini, LCSW, CATC-IV
Licensed Clinical Social Worker

Please register at:

[cottagehealth.org/
psychgrandrounds](https://cottagehealth.org/psychgrandrounds)

After registering you will receive a confirmation email containing information about joining the training.



Substance Use and Misuse: Stay Informed to Know the Signs

Most of us have heard of cocaine, heroin and marijuana, but what about tranq, fenny, pink cocaine, A2 and Molly? You may have seen Kratom for sale in your local drug store but you may not know what it is and what it does. Many drugs when used correctly are innocuous, but these same drugs can be abused and misused. Clinicians, medical professionals and those in the helping professions benefit from staying informed about available drugs and substances and their use and misuse. During this presentation, we will review recent trends and the interventions used to assist those who are impacted by substance misuse. This presentation will help educate attendees regarding names and pharmacology of newer drugs showing up in our community. Learn what over-the-counter drugs and substances can be misused, and the signs and symptoms of intoxication. We will also explore effective interventions to support clients, patients, friends and relatives experimenting with these drugs and substances.

LEARNING OBJECTIVES:

- Identify and define four drugs that are being consumed illicitly, both intentionally and unintentionally
- Evaluate and distinguish symptoms of intoxication for the drugs discussed
- Verbalize how presented interventions can transform lives



CAMILLA A. LETTINI, LCSW, is a Licensed Clinical Social Worker with a Master of Social Work from the University of Southern California. Camilla is a Level Four Certified Addiction Counselor through the Addiction Counselor Certification Board of California. She has worked in several treatment centers throughout Southern California.

Virtual Psychiatric Grand Rounds

PROGRAM COORDINATOR

Paul Erickson, MD

ADMINISTRATIVE COORDINATOR

Frances McKinney

EDUCATION CONSULTANTS

Jennifer Granger Brown,
MSN, RN, CHSE

Stephanie Molina, LMFT, CEAP

Tamara Norton, MHS, CPCS

TARGET AUDIENCE

Addiction Counselors
Clinical Nurse Specialists
Counselors
Marriage & Family Therapists
Nurse Practitioners
Nurses
Occupational Therapists
Occupational Therapy Assistants
Other Mental Health Professionals
Pharmacists
Psychologists
Psychotherapists
Social Workers

02/2025 RLC

CAMFT / BRN CONTINUING EDUCATION CREDITS FOR COTTAGE HEALTH EMPLOYEES

Attendance for the full hour and Zoom registration is required to receive credit. CE credit is not offered for meals or breaks.

LMFTS, LCSWS, LPCCS AND LEPS: Course meets the qualifications for one hour of continuing education credit as required by the California Board of Behavioral Sciences. Santa Barbara Cottage Hospital is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and LEPs (provider #57341) and Santa Barbara Cottage Hospital maintains responsibility for the program/course and its content.

REGISTERED NURSES (RNS): Provider approved by the California Board of Registered Nursing, Provider #00252 for 1.0 contact hour.

CERTIFICATES: Cottage Health employees will receive certificates in Compass Learning after completed evaluation is processed.

FOR PHYSICIANS AND PSYCHOLOGISTS

PHYSICIANS: The Santa Barbara County Consortium for Continuing Medical Education is accredited by the California Medical Association (CMA) to provide continuing medical education for physicians.



The Santa Barbara County Consortium for Continuing Medical Education designates each live activity listed for a maximum of *1.0 AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PSYCHOLOGISTS: Please contact Tamara Norton if you would like to receive a Certificate of Attendance for this event at tnorton@sbch.org and 805-569-7245.

Notes

GRIEVANCES: Contact the Education and Nursing Professional Development Department at 805-569-7325.

SPECIAL ACCOMMODATION: If you are in need of special accommodation, contact the Education and Nursing Professional Development Department at 805-569-7325.

DISCLOSURES: The planners and speaker of this live internet activity have stated that they do not have any current relationships with ineligible companies. This activity did not receive commercial support.