

Prodependence: Ending the Myth of Codependency Treatment

PRESENTER:

Robert Weiss, PhD, LCSW

Chief Clinical Officer, Seeking Integrity, LLC
Los Angeles

Since *Codependent No More* became a self-help book sensation nearly 40 years ago, we've seen a torrent of book titles, articles, workshops and even whole therapy centers centered around codependence work as a therapy concept. Codependency is what we know. But codependency has never been formalized as a diagnosis in the DMS or the ICD. Not ever. In fact there has never been a formal, criteria-based addiction or mental health diagnosis for the "issue" that we call codependency. So, what does this mean to our work today? Which one of the 340+ books on this topic holds the 'right' method? Perhaps codependency requires a review for 2023. This thought-provoking talk by treatment specialist, author and speaker Robert Weiss, PhD, LCSW, asks attendees to question old assumptions with an introduction of Prodependence, a strength and attachment form of clinical care.

LEARNING OBJECTIVES:

- Compare and contrast codependence to attachment-based treatment to consider its usefulness
- Differentiate a trauma-based treatment model from an attachment-based model
- Apply three new skills when working with the loved ones of addicts

ROBERT WEISS PHD, LCSW, is Chief Clinical Officer of Seeking Integrity LLC, an organization that provides online education and residential treatment for substance/sex-addicted men and their families. Dr. Weiss is an online host for Digital Intervention on A&E and has served as a subject-matter expert for major media outlets, including CNN, NPR, and The New York Times, among others. He is the author of 11 books, including *Prodependence*, *Sex Addiction 101*, and *Out of the Doghouse*.

MARCH 2023

Santa Barbara Cottage Hospital
Psychiatry and Addiction Medicine
Department invites you to virtually
attend its March 2023 presentation.

TUESDAY, MARCH 28, 2023

Noon to 1:30 p.m.
No meals or breaks provided.

Please register at:
cottagehealth.org/psychgrandrounds

After registering you will receive
a confirmation email containing
information about joining the training.

FREE COMMUNITY EVENT

CAMFT / BRN CONTINUING EDUCATION CREDITS FOR COTTAGE HEALTH EMPLOYEES

Attendance for the full hour and Zoom registration is required to receive credit. CE credit is not offered for meals or breaks.

- **LMFTs, LCSWs, LPCCs and LEPs:** Course meets the qualifications for one hour of continuing education credit as required by the California Board of Behavioral Sciences. Santa Barbara Cottage Hospital is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and LEPs (provider #57341) and Santa Barbara Cottage Hospital maintains responsibility for the program/course and its content.
- **Registered Nurses (RNs):** Course approved by the California Board of Registered Nursing, Provider #00252 for 1.0 contact hour.

CERTIFICATES: Cottage Health Employees will receive certificates in Compass Learning after completed evaluation is processed.

CONTINUING EDUCATION CREDIT FOR PHYSICIANS AND PSYCHOLOGISTS

- **Physicians:** The Santa Barbara County Consortium for Continuing Medical Education is accredited by the California Medical Association (CMA) to provide continuing medical education for physicians.



The Santa Barbara County Consortium for Continuing Medical Education designates each live activity listed for a maximum of *1.0 AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

- **Psychologists:** Please contact Tamara Norton if you would like to receive a Certificate of Attendance for this event at tnorton@sbch.org and 805-569-7245.

GRIEVANCES: Contact the Education and Nursing Professional Development Department at 805-569-7325.

SPECIAL ACCOMMODATION: If you are in need of special accommodation, contact the Education and Nursing Professional Development Department at 805-569-7325.

DISCLOSURES: The planners and speakers of this live internet activity have stated that they do not have any relationships with ineligible companies. This activity did not receive commercial support.

PROGRAM COORDINATORS

Carole Reynolds Ingraham, LMFT
Frances McKinney

EDUCATION CONSULTANTS

Jennifer Granger Brown, MSN, RN
Tamara Norton, MHS, CPCS

TARGET AUDIENCE

Addiction Counselors
Clinical Nurse Specialists
Counselors
Marriage & Family Therapists
Nurse Practitioners
Nurses
Occupational Therapists
Occupational Therapy Assistants
Other Mental Health Professionals
Pharmacists
Psychologists
Psychotherapists
Social Workers

Learn more about our Psychiatry and
Addiction Medicine services at:
cottagehealth.org/mentalhealth

Please register at:

cottagehealth.org/psychgrandrounds

After registering you will receive
a confirmation email containing
information about joining the training.