

COVID-19 Impact Community Mental Health Assessment and Findings

MARCH 2022

PRESENTER:

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PANELIST:

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Globally and nationally, the COVID-19 pandemic has negatively affected many people's mental health and created new challenges for people suffering from mental illness and substance use disorders. To respond to needs locally, the County of Santa Barbara in partnership with community mental health and wellness partners and stakeholders, developed a survey and invited the community to respond. The data gained from the survey provided insight to the unique needs within the community, which has allowed for individualized interventions and strategies to be developed to support pandemic recovery needs.

This presentation will share the process of developing the survey, how the survey was circulated throughout the community and input gained, review the learnings from data gathered and the process of applying the community input into services.

LEARNING OBJECTIVES:

- Review the Community Mental Health Assessment Process
- Examine the results learned from the community survey on local impact
- Summarize next steps in developing services to help in our local recovery from the pandemic



SUZANNE GRIMMESEY, MFT, serves as the Public Information Officer and Chief of Strategy and Community Engagement for the Santa Barbara County Department of Behavioral Wellness. She has worked with the Department of Behavioral Wellness since 1998 in a variety of roles. She provides community disaster response and recovery support, as well as provides a wide range of strategic management and accountability services to help the department recognize and manage

new challenges, capitalize on emerging opportunities, and proactively identify and address program performance problems. She earned her bachelor's degree in Psychology from the University of San Diego and a master's degree in Clinical Psychology, and is licensed as a Marriage and Family Therapist.

Santa Barbara Cottage Hospital
Psychiatry and Addiction Medicine
Department invites you to virtually
attend its March 2022 presentation.

TUESDAY, MARCH 22, 2022

Noon to 1:30 p.m.
No meals or breaks provided.

Please register at:

https://cottagehealth.zoom.us/webinar/register/WN_LW375k8cRnKJ6gjogfZHQ

After registering you will receive
a confirmation email containing
information about joining the training.



CAITLIN LEPORE, PHD, LCSW, has been a Research and Program Evaluation Associate for the Santa Barbara County Department of Behavioral Wellness since 2018. She supports data collection, management and analysis for diverse projects including the Mental Health Services Act (MHSA), Full Service Partnership (FSP) programs and Criminal Justice Mental Health collaborations. Throughout her career she has focused on applied research and evaluation within interdisciplinary community partnerships.

CONTINUING EDUCATION

- Course meets the qualifications for one hour of continuing education (CE) credit for LMFTs, LCSWs, LPCCs and LEPs as required by the California Board of Behavioral Sciences.
- Santa Barbara Cottage Hospital is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and LEPs (provider # 57341) and Santa Barbara Cottage Hospital maintains responsibility for the program/course and its content.
- Course approved by the California Board of Registered Nursing, Provider #00252 for one contact hour.
- Continuing Education: Attendance for the full hour is required to receive credit. CE credit is not offered for meals or breaks.

The Santa Barbara County Consortium for Continuing Medical Education is accredited by the California Medical Association (CMA) to provide continuing medical education for physicians.



The Santa Barbara County Consortium for Continuing Medical Education designates each live activity listed for a maximum of *1.0 AMA PRA Category 1 Credit(s)™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

FEES: There is no charge to Cottage Health employees. There is a \$15 fee to Non-Cottage attendees who wish to receive continuing education credit.

CERTIFICATES: Cottage Health employees will complete evaluations in Compass Learning. Non-Cottage attendees will receive certificates within 10 business days of returning the evaluation and paying the \$15 fee. Detailed instructions will be provided at registration.

- Grievances may be addressed directly to the Education Department.
- If you are in need of special accommodation, please contact the Education Department at 805-569-7325.

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PROGRAM COORDINATORS

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TARGET AUDIENCE

Addiction Counselors
Clinical Nurse Specialists
Counselors
Marriage & Family Therapists
Nurse Practitioners
Nurses
Occupational Therapists
Occupational Therapy Assistants
Other Mental Health Professionals
Pharmacists
Psychologists
Psychotherapists
Social Workers

Learn more about our Psychiatry and
Addiction Medicine services at:
cottagehealth.org/mentalhealth

Please register at:

https://cottagehealth.zoom.us/webinar/register/WN_LW375k8cRnKJ6gjogfZHZQ

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