

Fentanyl and Overdose: How to Save a Life with Naloxone

PRESENTER:

Morgan Gatzlaff, PharmD, BCPP

Opioids, including prescription pain relievers and illegal drugs, are a type of medication used to treat pain. They can be habit-forming, lead to opioid use disorder, and can more rapidly cause respiratory depression and arrest. Fentanyl, a synthetic opioid, can accelerate a person's chance of overdose and is responsible for increased opioid overdoses in recent years. Dr. Gatzlaff will discuss the properties, dangers and risks of opioids and fentanyl, and what substances should not be combined. She will also review the symptoms, mechanism of opioid overdose, harm reduction as well as the use of Naloxone in harm reduction.

LEARNING OBJECTIVES:

- Participants will be able to define opioids and opioid antagonists.
- Explain at least three risk factors for opioid use and overdose.
- Apply how to treat an opioid overdose using Naloxone.

MORGAN GATZLAFF, PHARMD, BCPP, became the first Psychiatry Clinical Pharmacist Specialist at Santa Barbara Cottage Hospital (SBCH) in January 2023. She teaches medication education to patients in the SBCH inpatient psychiatry unit and at the Cottage Residential Center. Previously she was a Clinical Pharmacist at Arine where she managed their behavioral health prescriber analytics. While at the Santa Barbara Psychiatric Health Facility, Dr. Gatzlaff served as the Pharmacist-In-Charge having built their first pharmacy and clinical pharmacy programs. Dr. Gatzlaff graduated with her PharmD from Butler University and is a board-certified Psychiatric Pharmacist.

JULY 2023

Santa Barbara Cottage Hospital Psychiatry and Addiction Medicine Department invites you to virtually attend its July 2023 presentation.

TUESDAY, JULY 25, 2023

Noon to 1:30 p.m.
No meals or breaks provided.

Please register at:
cottagehealth.org/psychgrandrounds

After registering you will receive a confirmation email containing information about joining the training.

FREE COMMUNITY EVENT

CAMFT / BRN CONTINUING EDUCATION CREDITS FOR COTTAGE HEALTH EMPLOYEES

Attendance for the full hour and Zoom registration is required to receive credit. CE credit is not offered for meals or breaks.

- **LMFTs, LCSWs, LPCCs and LEPs:** Course meets the qualifications for one hour of continuing education credit as required by the California Board of Behavioral Sciences. Santa Barbara Cottage Hospital is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and LEPs (provider #57341) and Santa Barbara Cottage Hospital maintains responsibility for the program/course and its content.
- **Registered Nurses (RNs):** Course approved by the California Board of Registered Nursing, Provider #00252 for 1.0 contact hour.

CERTIFICATES: Cottage Health Employees will receive certificates in Compass Learning after completed evaluation is processed.

CONTINUING EDUCATION CREDIT FOR PHYSICIANS AND PSYCHOLOGISTS

- **Physicians:** The Santa Barbara County Consortium for Continuing Medical Education is accredited by the California Medical Association (CMA) to provide continuing medical education for physicians.



The Santa Barbara County Consortium for Continuing Medical Education designates each live activity listed for a maximum of 1.0 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

- **Psychologists:** Please contact Tamara Norton if you would like to receive a Certificate of Attendance for this event at tnorton@sbch.org and 805-569-7245.

GRIEVANCES: Contact the Education and Nursing Professional Development Department at 805-569-7325.

SPECIAL ACCOMMODATION: If you are in need of special accommodation, contact the Education and Nursing Professional Development Department at 805-569-7325.

DISCLOSURES: The planners and speakers of this live internet activity have stated that they do not have any relationships with ineligible companies. This activity did not receive commercial support.

PROGRAM COORDINATORS

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TARGET AUDIENCE

Addiction Counselors
Clinical Nurse Specialists
Counselors
Marriage & Family Therapists
Nurse Practitioners
Nurses
Occupational Therapists
Occupational Therapy Assistants
Other Mental Health Professionals
Pharmacists
Psychologists
Psychotherapists
Social Workers

Learn more about our Psychiatry and Addiction Medicine services at:
cottagehealth.org/mentalhealth

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cottagehealth.org/psychgrandrounds

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