

Responding to the Current Youth Mental Health Crisis: Creating a Public Mental Health Continuum of Support

JULY 2022

PRESENTER:

Steven Adelsheim, MD

Clinical Professor & Associate Chair for Community Engagement, Stanford University Department of Psychiatry

Dr. Adelsheim will examine the youth mental health crisis in America and discuss Stanford University's allcove centers—a model focused on meeting the evolving and unique needs of young people and those who support them. He will review its components and principles of youth participation, including opportunities for voice and feedback. Dr. Adelsheim will also discuss efforts to positively use social media to create a transformational impact on health and mental health.

LEARNING OBJECTIVES:

- Summarize challenges faced by young people in accessing mental health supports
- Examine service delivery models that together link an early intervention system of care for young people
- Integrate strategies for ensuring the voice of youth are increasingly involved in developing mental health care systems



STEVEN ADELSHEIM, MD, is a Clinical Professor & Associate Chair for Community Engagement at Stanford's Department of Psychiatry, directing the Center for Youth Mental Health and Wellbeing. His work is focused on early detection/intervention programs for young people and he leads the effort to bring allcove to the U.S., an integrated youth mental health model, which opened in June 2021 in Palo Alto and San Jose, CA, with plans to open in five other California sites over the next few years. Dr. Adelsheim also co- leads PEPPNET, the national

clinical network for early psychosis and co-directs the Media and Mental Health Initiative in Stanford's Psychiatry Department and works in youth suicide prevention, tribal mental health, integrated care and telehealth. He previously spent many years leading school mental health efforts for the state of New Mexico and served as the state's psychiatric medical director.

Santa Barbara Cottage Hospital Psychiatry and Addiction Medicine Department invites you to virtually attend its July 2022 presentation.

TUESDAY, JULY 26, 2022

Noon to 1:30 p.m.
No meals or breaks provided.

Please register at:

https://cottagehealth.zoom.us/webinar/register/WN_7_WfgNcTTjCPoKLSpgTbyw

After registering you will receive a confirmation email containing information about joining the training.

CONTINUING EDUCATION

- Course meets the qualifications for one hour of continuing education (CE) credit for LMFTs, LCSWs, LPCCs and LEPs as required by the California Board of Behavioral Sciences.
- Santa Barbara Cottage Hospital is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and LEPs (provider # 57341) and Santa Barbara Cottage Hospital maintains responsibility for the program/course and its content.
- Course approved by the California Board of Registered Nursing, Provider #00252 for one contact hour.
 - Continuing Education: Attendance for the full hour is required to receive credit. CE credit is not offered for meals or breaks.



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FEES: There is no charge to Cottage Health employees. There is a \$15 fee to Non-Cottage attendees who wish to receive continuing education credit.

CERTIFICATES: Cottage Health employees will complete evaluations in Compass Learning. Non-Cottage attendees will receive certificates within 10 business days of returning the evaluation and paying the \$15 fee. Detailed instructions will be provided at registration.

- Grievances may be addressed directly to the Education Department.
- If you are in need of special accommodation, please contact the Education Department at 805-569-7325.

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TARGET AUDIENCE

Addiction Counselors
Clinical Nurse Specialists
Counselors
Marriage & Family Therapists
Nurse Practitioners
Nurses
Occupational Therapists
Occupational Therapy Assistants
Other Mental Health Professionals
Pharmacists
Psychologists
Psychotherapists
Social Workers

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Addiction Medicine services at:
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