

The New Frontier of Psychedelic Therapies in Psychiatry

PAUL ERICKSON, MD

This presentation will provide information about new therapeutics in mental health treatment by using psychedelic agents. These agents have a complicated history, including their use in religious and healing ceremonies over many centuries. Since the discovery of LSD in 1946, early research in the middle of the last century was halted in the 1960s for the next 40 years.

Since 2000, new research has provided evidence that these agents have long-lasting efficacy in treating some of the most severe and difficult to treat mental health and substance abuse disorders, including PTSD, treatment-resistant depression, alcohol use disorder and other uses.

These medications provide a consciousness-changing experience, and the idea of using them therapeutically causes a wide variety of reactions and perspectives in our society. Investigations now are looking at benefits these medicines can provide, which approaches to treatment work best, and potential risks of harm. Government and societal institutions are considering policies and guidelines if these medicines become FDA approved.

In this course participants will learn what psychedelic agents are, how they've been used historically, what new research is showing, how treatment is structured, hypotheses about how they work and ideas about what the future holds for psychedelic therapeutics.

LEARNING OBJECTIVES:

- Examine the history of research in psychedelic therapies over the last 80 years
- Review two hypotheses about how psychedelic therapies work
- Summarize two recent studies examining the efficacy of psychedelic therapies in a clinical population

PAUL ERICKSON, MD, has been the Medical Director of Psychiatry and Addiction Medicine Services at Santa Barbara Cottage Hospital since 2002. Prior to that he was the Clinical Director of Services in the Department of Psychiatry at the Cambridge Hospital, Harvard Medical School. Dr. Erickson graduated cum laude from Yale University and received his MD from the University of Massachusetts Medical School. He is board certified in Addiction Medicine. Dr. Erickson created and led the Medical School clerkship in Psychiatry for USC Medical students. One of his most recent community leadership roles is as the developer of the Bridge Clinic with Santa Barbara Neighborhood Clinics.

JANUARY 2022

Santa Barbara Cottage Hospital
Psychiatry and Addiction Medicine
Department invites you to virtually
attend its January 2022 presentation.

TUESDAY, JANUARY 25, 2022

Noon to 1:30 p.m.
No meals or breaks provided.

Please Register at:

https://cottagehealth.zoom.us/webinar/register/WN_EAitGuNOSsSyndxP695btw

After registering you will receive
a confirmation email containing
information about joining the training.

CONTINUING EDUCATION

- Course meets the qualifications for one hour of continuing education (CE) credit for LMFTs, LCSWs, LPCCs and LEPs as required by the California Board of Behavioral Sciences.
- Santa Barbara Cottage Hospital is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and LEPs (provider # 57341) and Santa Barbara Cottage Hospital maintains responsibility for the program/course and its content.
- Course approved by the California Board of Registered Nursing, Provider #00252 for one contact hour.
- Continuing Education: Attendance for the full hour is required to receive credit. CE credit is not offered for meals or breaks.



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- Grievances may be addressed directly to the Education Department.
- If you are in need of special accommodation, please contact the Education Department at (805) 569-7325.

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TARGET AUDIENCE

Addiction Counselors
Clinical Nurse Specialists
Counselors
Marriage & Family Therapists
Nurse Practitioners
Nurses
Occupational Therapists
Occupational Therapy Assistants
Other Mental Health Professionals
Pharmacists
Psychologists
Psychotherapists
Social Workers

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Addiction Medicine services at:
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