

FREE
COMMUNITY EVENT

Virtual Psychiatric Grand Rounds

AUGUST 2024

Please register at:

[cottagehealth.org/
psychgrandrounds](https://cottagehealth.org/psychgrandrounds)

After registering you will receive a confirmation email containing information about joining the training.



University of California Student Mental Health: System Initiatives, Partnerships and Clinical Experience

Tuesday, August 27, 2024

Noon to 1:30 p.m. (No meals or breaks provided)

SPEAKERS:

Edwin Feliciano, MD - UCSB Student Health Services, Behavioral Health Director

Kayla Rosen, MD, PMH-C - UCSB Student Health Services, Psychiatrist

COURSE DESCRIPTION:

Mental health challenges can negatively impact the lives of college students— affecting their quality of life, academic performance, physical health, and relationships among many other experiences during this chapter of their lives. College campuses play a critical role in intervening early in the onset of a mental health condition—decreasing the risk of mental health challenges and fostering well-being by identifying and understanding trends in college students' mental health, including developing programs and services to address student needs, and creating campus partnerships to emphasize a culture of wellness. Recent data will be presented that reflects the state of college students' mental health, systemwide initiatives and efforts by the University of California to address students' needs.

LEARNING OBJECTIVES:

- Identify three factors that impact mental health in college students.
- Describe the historical and current initiatives by the University of California to address student mental health issues.
- Explain the treatment approach principles in the clinical practice at UCSB.



KAYLA ROSEN, MD, is a psychiatrist at the University of California, Santa Barbara, Student Health Services. She received her MD from the University of Pennsylvania and completed her psychiatry residency training at Harvard Medical School in the Massachusetts General Hospital and McLean Hospital program. Her interests include innovative approaches to psychiatric crises, Dialogic Practice, integrated care, underserved populations, humanities and medicine, perinatal mental health, and eating disorders.



DR. EDWIN FELICIANO is a psychiatrist and the Behavioral Health Director at UCSB Student Health Services. He previously served as the Medical Director of the Alcohol, Drug, and Mental Health Services Department for Santa Barbara County. His primary interest is in issues of access to healthcare for individuals with psychiatric and substance use disorders, and the integration of mental health, substance use, and medical services in primary care settings. Dr. Feliciano's training includes a psychiatry residency at Albert Einstein Medical Center in Philadelphia and Trenton Psychiatric Hospital in New Jersey, where he was chief resident.

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PROGRAM COORDINATOR

Paul Erickson, MD

ADMINISTRATIVE COORDINATOR

Frances McKinney

EDUCATION CONSULTANTS

Jennifer Granger Brown, MSN, RN

Stephanie Molina, LMFT, CEAP

Tamara Norton, MHS, CPCS

TARGET AUDIENCE

Addiction Counselors

Clinical Nurse Specialists

Counselors

Marriage & Family Therapists

Nurse Practitioners

Nurses

Occupational Therapists

Occupational Therapy Assistants

Other Mental Health Professionals

Pharmacists

Psychologists

Psychotherapists

Social Workers

08/2024 RLC

CAMFT / BRN CONTINUING EDUCATION CREDITS FOR COTTAGE HEALTH EMPLOYEES

Attendance for the full hour and Zoom registration is required to receive credit. CE credit is not offered for meals or breaks.

LMFTS, LCSWS, LPCCS AND LEPS: Course meets the qualifications for one hour of continuing education credit as required by the California Board of Behavioral Sciences. Santa Barbara Cottage Hospital is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and LEPs (provider #57341) and Santa Barbara Cottage Hospital maintains responsibility for the program/course and its content.

REGISTERED NURSES (RNS): Provider approved by the California Board of Registered Nursing, Provider #00252 for 1.0 contact hour.

CERTIFICATES: Cottage Health employees will receive certificates in Compass Learning after completed evaluation is processed.

FOR PHYSICIANS AND PSYCHOLOGISTS

PHYSICIANS: The Santa Barbara County Consortium for Continuing Medical Education is accredited by the California Medical Association (CMA) to provide continuing medical education for physicians.



The Santa Barbara County Consortium for Continuing Medical Education designates each live activity listed for a maximum of *1.0 AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PSYCHOLOGISTS: Please contact Tamara Norton if you would like to receive a Certificate of Attendance for this event at tnorton@sbch.org and 805-569-7245.

Notes

GRIEVANCES: Contact the Education and Nursing Professional Development Department at 805-569-7325.

SPECIAL ACCOMMODATION: If you are in need of special accommodation, contact the Education and Nursing Professional Development Department at 805-569-7325.

DISCLOSURES: The planners and speaker of this live internet activity have stated that they do not have any current relationships with ineligible companies. This activity did not receive commercial support.