

FREE  
COMMUNITY EVENT

## Virtual Psychiatric Grand Rounds

APRIL 2025

**Tuesday, April 22, 2025**

**Noon to 1:30 p.m.**

(No meals or breaks provided)

**SPEAKER:**

Jenn Kennedy, PhD, LMFT, CSAT

Please register at:

[cottagehealth.org/  
psychgrandrounds](https://cottagehealth.org/psychgrandrounds)

After registering you will receive a confirmation email containing information about joining the training.

# How **Sexuality** Influences the Clinical Picture for Female Patients

Sexuality is layered and complex and is often all but ignored in the clinical sphere. In this highly interactive presentation, Jenn Kennedy, PhD and LMFT, will discuss the most common issues that arise in the sexual realm and offer insight about how to discuss sex and intimacy with female patients. Using the biopsychosocial model, Dr. Kennedy will describe how various factors influence patient confidence, performance and interpersonal strategies to get their sexual needs met. She will also address unique diversity issues that arise for LGBT women regarding their sexuality.

**LEARNING OBJECTIVES:**

- Identify and assess four sexual presenting issues for women
- Discuss factors that influence female sexuality
- Summarize unique factors affecting lesbian/female queer sexuality and two theories to address them



Jenn Kennedy, PHD, LMFT, CSAT, earned a Master's in Clinical Psychology and a PhD in Clinical Sexology. She trained with both Community Counseling and Education Center (CCEC) and Pacific Pride Foundation (PPF) in Santa Barbara. She is a board-certified Sex Therapist, as well as certified in Sex Addiction Therapy. Dr. Kennedy has considerable experience working with LGBT individuals and couples. From 2017-2022, she taught as adjunct

faculty in the Master's program at Antioch University Santa Barbara, and is the past president of the Santa Barbara Chapter of the California Association of Marriage and Family Therapists. Dr. Kennedy writes and does podcasts on the topic of sexual health through The Pleasure Project.

# Virtual Psychiatric Grand Rounds

## PROGRAM COORDINATOR

Paul Erickson, MD

## ADMINISTRATIVE COORDINATOR

Frances McKinney

## EDUCATION CONSULTANTS

Jennifer Granger Brown,  
MSN, RN, CHSE

Stephanie Molina, LMFT, CEAP

Tamara Norton, MHS, CPCS

## TARGET AUDIENCE

Addiction Counselors  
Clinical Nurse Specialists  
Counselors  
Marriage & Family Therapists  
Nurse Practitioners  
Nurses  
Occupational Therapists  
Occupational Therapy Assistants  
Other Mental Health Professionals  
Pharmacists  
Psychologists  
Psychotherapists  
Social Workers

03/2025 RLC

## CAMFT / BRN CONTINUING EDUCATION CREDITS FOR COTTAGE HEALTH EMPLOYEES

Attendance for the full hour and Zoom registration is required to receive credit. CE credit is not offered for meals or breaks.

**LMFTS, LCSWS, LPCCS AND LEPS:** Course meets the qualifications for one hour of continuing education credit as required by the California Board of Behavioral Sciences. Santa Barbara Cottage Hospital is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and LEPs (provider #57341) and Santa Barbara Cottage Hospital maintains responsibility for the program/course and its content.

**REGISTERED NURSES (RNS):** Provider approved by the California Board of Registered Nursing, Provider #00252 for 1.0 contact hour.

**CERTIFICATES:** Cottage Health employees will receive certificates in Compass Learning after completed evaluation is processed.

## FOR PHYSICIANS AND PSYCHOLOGISTS

**PHYSICIANS:** The Santa Barbara County Consortium for Continuing Medical Education is accredited by the California Medical Association (CMA) to provide continuing medical education for physicians.



The Santa Barbara County Consortium for Continuing Medical Education designates each live activity listed for a maximum of *1.0 AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**PSYCHOLOGISTS:** Please contact Tamara Norton if you would like to receive a Certificate of Attendance for this event at [tnorton@sbch.org](mailto:tnorton@sbch.org) and 805-569-7245.

## Notes

**GRIEVANCES:** Contact the Education and Nursing Professional Development Department at 805-569-7325.

**SPECIAL ACCOMMODATION:** If you are in need of special accommodation, contact the Education and Nursing Professional Development Department at 805-569-7325.

**DISCLOSURES:** The planners and speaker of this live internet activity have stated that they do not have any current relationships with ineligible companies. This activity did not receive commercial support.