FREE
COMMUNITY EVENT

Virtual **Psychiatric** Grand Rounds

Tuesday, July 28, 2026

Noon to 1:30 p.m. PDT
(No meals or breaks provided)

SPEAKER:
Alexander Moxam, MD
Medical Director of Child and Adolescent Psychiatry
Grotenhuis Pediatric Clinics

Please register at:
cottagehealth.org/psychgrandrounds

After registering you will receive a confirmation email containing information about joining the training.

This is a free community event. No consequence for registrants that do not attend.

Cottage
Psychiatry and
Addiction Medicine

First Episode Psychosis in Children and Adolescents

Psychotic disorders previously thought to solely affect adults are now fully appreciated as neurodevelopmental disorders. Children and adolescents with psychotic illness are most often identified by non-psychiatric clinicians, highlighting the importance of pediatricians' care of children at-risk for psychosis. Since medical etiologies are more common in children and adults, medical and neurological causes must be ruled out in all pediatric first episode psychosis cases. This course will also review the clinical features, prognosis and management of cannabis-induced psychosis. Finally, participants will learn the importance of coordinated specialty care in the treatment of first episode psychosis, and the positive impact this evidenced-based model has on treatment outcomes and long-term prognosis.

LEARNING OBJECTIVES:

- Define psychosis, its risk factors, signs and at least three core symptoms.
- Examine the importance of the duration of untreated psychosis and at least two of its impacts.
- Describe the risk of marijuana-induced psychosis: its clinical features and conversion to psychotic disorder.



Alexander Moxam, MD, is a double board-certified adult and child adolescent psychiatrist who recently joined Grotenhuis Pediatric Clinics as the Medical Director of Child and Adolescent Psychiatry.

Previously, Dr. Moxam was the Medical Director of the First Episode Psychosis Clinic at the Children's Hospital of Philadelphia.

Virtual **Psychiatric** Grand Rounds

PROGRAM COORDINATOR
Paul Erickson, MD

ADMINISTRATIVE COORDINATOR
Frances McKinney

EDUCATION CONSULTANTS
Kim Blair, BSN, RN-BC, PMH
Stephanie Molina, LMFT, CEAP
Tamara Norton, MHS, CPCS

TARGET AUDIENCE
Addiction Counselors
Clinical Nurse Specialists
Counselors
Marriage & Family Therapists
Nurses
Nurse Practitioners
Occupational Therapists
Occupational Therapy Assistants
Other Mental Health Professionals
Pharmacists
Physicians
Psychologists
Psychotherapists
Social Workers

06/2026 RLC

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CAMFT / BRN CONTINUING EDUCATION CREDITS FOR COTTAGE HEALTH EMPLOYEES

Attendance for the full hour and Zoom registration is required to receive credit. CE credit is not offered for meals or breaks.

LMFTS, LCSWS, LPCCS AND LEPS: Course meets the qualifications for one hour of continuing education credit as required by the California Board of Behavioral Sciences. Santa Barbara Cottage Hospital is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and LEPs (provider #57341) and Santa Barbara Cottage Hospital maintains responsibility for the program/course and its content.

REGISTERED NURSES (RNS): Provider approved by the California Board of Registered Nursing, Provider #00252 for 1.0 contact hour.

CERTIFICATES: Cottage Health employees will receive certificates in Compass Learning after completed evaluation is processed.

FOR PHYSICIANS AND PSYCHOLOGISTS

PHYSICIANS: The Santa Barbara County Consortium for Continuing Medical Education is accredited by the California Medical Association (CMA) to provide continuing medical education for physicians.

The Santa Barbara County Consortium for Continuing Medical Education designates each live activity listed for a maximum of *1.0 AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PSYCHOLOGISTS: Please contact Tamara Norton if you would like to receive a Certificate of Attendance for this event at tnorton@sbch.org or 805-569-7245.

Notes

GRIEVANCES: Contact the Education and Nursing Professional Development Department at 805-569-7325.

SPECIAL ACCOMMODATION: If you are in need of special accommodation, contact the Education and Nursing Professional Development Department at 805-569-7325.

DISCLOSURES: The planners and speaker of this live internet activity have no relevant financial relationships with ineligible companies. This activity did not receive commercial support.