

FREE
COMMUNITY EVENT

Virtual Psychiatric Grand Rounds

MARCH 2024

Santa Barbara Cottage Hospital
Psychiatry and Addiction
Medicine Department invites
you to virtually attend its
February 2024 presentation.

Please register at:

[cottagehealth.org/
psychgrandrounds](https://cottagehealth.org/psychgrandrounds)

After registering you will receive
a confirmation email containing
information about joining the
training.



Spreading HOPE

Tuesday, March 26, 2024

Noon to 1:30 p.m. (No meals or breaks provided)

SPEAKER:

Robert Sege, MD, PhD, FAAP

Professor of Medicine and Pediatrics, Tufts University of Medicine,
Director, Center for Community-Engaged Medicine at the Institute for
Clinical Research and Health Policy Studies at Tufts Medical Center

COURSE DESCRIPTION:

This workshop will review the foundations of the HOPE Framework. Attendees will learn about the research behind Positive Childhood Experiences (PCEs), how PCEs interact with Adverse Childhood Experiences (ACEs), and the power of the brain to change. Dr. Sege will provide an overview of the Four Building Blocks of HOPE.

LEARNING OBJECTIVES:

- Distinguish between Type 1 and Type 2 thinking.
- Describe how Type 1 thinking is guided by implicit bias.
- Identify the key types of Positive Childhood Experiences that promote resilience.



ROBERT SEGE, MD, PHD directs the Center for Community-Engaged Medicine at the Institute for Clinical Research and Health Policy studies at Tufts Medical Center, and is a Professor of Medicine and Pediatrics at Tufts University School of Medicine. Dr. Sege is nationally known for developing health systems approaches to preventing child abuse and neglect by better supporting families. He is a Senior Fellow at the Center for the Study of Social Policy in Washington and serves on the boards of the Massachusetts Children's Trust and Prevent Child Abuse America. He has served on the American Academy of Pediatrics' Committee on Child Abuse and Neglect. He is a graduate of Yale College, received his PhD from MIT and his MD from Harvard Medical School, and is board-certified in Pediatrics and Child Abuse Pediatrics.

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PROGRAM COORDINATOR

Paul Erickson, MD

ADMINISTRATIVE COORDINATOR

Frances McKinney

EDUCATION CONSULTANTS

Jennifer Granger Brown, MSN, RN
Tamara Norton, MHS, CPCS

TARGET AUDIENCE

Addiction Counselors
Clinical Nurse Specialists
Counselors
Marriage & Family Therapists
Nurse Practitioners
Nurses
Occupational Therapists
Occupational Therapy Assistants
Other Mental Health Professionals
Pharmacists
Psychologists
Psychotherapists
Social Workers

03/2024 RLC

CAMFT / BRN CONTINUING EDUCATION CREDITS FOR COTTAGE HEALTH EMPLOYEES

Attendance for the full hour and Zoom registration is required to receive credit. CE credit is not offered for meals or breaks.

LMFTS, LCSWS, LPCCS AND LEPS: Course meets the qualifications for one hour of continuing education credit as required by the California Board of Behavioral Sciences. Santa Barbara Cottage Hospital is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and LEPs (provider #57341) and Santa Barbara Cottage Hospital maintains responsibility for the program/course and its content.

REGISTERED NURSES (RNS): Provider approved by the California Board of Registered Nursing, Provider #00252 for 1.0 contact hour.

CERTIFICATES: Cottage Health employees will receive certificates in Compass Learning after completed evaluation is processed.

FOR PHYSICIANS AND PSYCHOLOGISTS

PHYSICIANS: The Santa Barbara County Consortium for Continuing Medical Education is accredited by the California Medical Association (CMA) to provide continuing medical education for physicians.



The Santa Barbara County Consortium for Continuing Medical Education designates each live activity listed for a maximum of *1.0 AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PSYCHOLOGISTS: Please contact Tamara Norton if you would like to receive a Certificate of Attendance for this event at tnorton@sbch.org and 805-569-7245.

Notes

GRIEVANCES: Contact the Education and Nursing Professional Development Department at 805-569-7325.

SPECIAL ACCOMMODATION: If you are in need of special accommodation, contact the Education and Nursing Professional Development Department at 805-569-7325.

DISCLOSURES: The planners and speaker of this live internet activity have stated that they do not have any relationships with ineligible companies. This activity did not receive commercial support.