FREE COMMUNITY EVENT

# Virtual **Psychiatric**Grand Rounds

**FEBRUARY 2024** 

Santa Barbara Cottage Hospital Psychiatry and Addiction Medicine Department invites you to virtually attend its February 2024 presentation.

Please register at: cottagehealth.org/ psychgrandrounds

After registering you will receive a confirmation email containing information about joining the training.

### Cottage Psychiatry and Addiction Medicine

### Pregnancy and Women's **Substance Use Disorder**:

Focus on Opioid Use Disorder Treatment Strategies

Tuesday, February 27, 2024

Noon to 1:30 p.m. (No meals or breaks provided)

### PRESENTER:

Tipu Kahn, MD, FAAFP, FASAM Program Director – Ventura County Medical Center Primary Care Addiction Medicine Fellowship

This presentation will examine various addictive substances and their effects on pregnant women and the fetus. Dr. Kahn's lecture will provide insights into medication-assisted treatment and the effects of withdrawal during pregnancy. Guidelines for breastfeeding and substance use or substance use disorder will also be reviewed.

### **LEARNING OBJECTIVES:**

- Describe the unique physiology of Substance Use Disorder (SUD) in pregnancy.
- Evaluate the different modalities for starting medication-assisted treatment (MAT) in the day of high dose fentanyl.
- Identify breastfeeding recommendations for mother-baby dyads.

**DR. TIPU KHAN** is a Family Physician and Addiction Specialist. He is the Chief of Addictive Medicine (ADM) at Ventura County Medical Center, Fellowship Director of the ADM fellowship program, and core faculty with



the Family Medicine Residency Program. He is the Southern California Addiction Medicine Medical Director for HealthRIGHT 360 Prototypes. Dr. Khan is an Adjunct Clinical Professor at USC Keck School of Medicine.

## Virtual **Psychiatric**Grand Rounds

### **PROGRAM COORDINATOR**

Paul Erickson, MD

### **ADMINISTRATIVE COORDINATOR**

Frances McKinney

### **EDUCATION CONSULTANTS**

Jennifer Granger Brown, MSN, RN Tamara Norton, MHS, CPCS

### **TARGET AUDIENCE**

Addiction Counselors
Clinical Nurse Specialists
Counselors
Marriage & Family Therapists
Nurse Practitioners
Nurses
Occupational Therapists
Occupational Therapy Assistants
Other Mental Health Professionals
Pharmacists
Psychologists
Psychotherapists

02/2024 RLC

Social Workers



### CAMFT / BRN CONTINUING EDUCATION CREDITS FOR COTTAGE HEALTH EMPLOYEES

Attendance for the full hour and Zoom registration is required to receive credit. CE credit is not offered for meals or breaks.

**LMFTS, LCSWS, LPCCS AND LEPS:** Course meets the qualifications for one hour of continuing education credit as required by the California Board of Behavioral Sciences. Santa Barbara Cottage Hospital is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and LEPs (provider #57341) and Santa Barbara Cottage Hospital maintains responsibility for the program/course and its content.

**REGISTERED NURSES (RNS):** Provider approved by the California Board of Registered Nursing, Provider #00252 for 1.0 contact hour.

**CERTIFICATES:** Cottage Health employees will receive certificates in Compass Learning after completed evaluation is processed.

### FOR PHYSICIANS AND PSYCHOLOGISTS

**PHYSICIANS:** The Santa Barbara County Consortium for Continuing Medical Education is accredited by the California Medical Association (CMA) to provide continuing medical education for physicians.



The Santa Barbara County Consortium for Continuing Medical Education designates each live activity listed for a maximum of  $1.0\,AMA\,PRA\,Category\,1\,Credit(s)^{TM}$ . Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**PSYCHOLOGISTS:** Please contact Tamara Norton if you would like to receive a Certificate of Attendance for this event at tnorton@sbch.org and 805-569-7245.

### Notes

**GRIEVANCES:** Contact the Education and Nursing Professional Development Department at 805-569-7325.

**SPECIAL ACCOMMODATION:** If you are in need of special accommodation, contact the Education and Nursing Professional Development Department at 805-569-7325.

**DISCLOSURES:** Dr. Tipu Kahn is a consultant and speaker for AbbVie, a consultant for Indivior and has recently been a speaker on Vitriol for Alkermes. All of the relevant financial relationships listed have been mitigated. The planners of this live internet activity have stated that they do not have any relationships with ineligible companies. This activity did not receive commercial support.