

When it's not only autism: Comorbidities and their complex roles in autism

ALEXIS ARIAS, MS, BCBA

The treatment of autism spectrum disorder (ASD) is best identified by accurate diagnosis of autism and of the comorbid symptoms commonly found in individuals with ASD. Differentiation of symptoms in autism from other similarly presenting symptomatology (for example, that of trauma) will be examined in this presentation.

Current literature on ASD and comorbidity rates commonly found in individuals with this diagnosis will be introduced. Practitioners will come away with a comprehensive understanding of ASD, as well as resources to seek further education and training on interventions that are relevant to their practice with autistic clients.

LEARNING OBJECTIVES:

1. List the five main diagnostic criteria that must be present for an autism diagnosis
2. Examine comorbidities and a validated assessment measure value for assessing comorbid symptoms in autism
3. Discuss three interventions for autism spectrum disorder

ALEXIS ARIAS, is a clinical psychology doctoral student at the University of California, Santa Barbara and a Board Certified Behavior Analyst, studying under Drs. Ty Vernon and Anna Krasno at the Koegel Autism Center. He earned his Bachelor's degree in Physiological Sciences and Psychology, and his Master's degree in Psychology at Marquette University. Over the past six years, he has worked with autistic individuals across the lifespan, and participated in various autism research projects. He is currently interested in examining social skill interventions for dating and intervention outcomes on comorbid mental health symptoms for autistic individuals.

AUGUST 2021

Santa Barbara Cottage Hospital
Psychiatry and Addiction Medicine
Department invites you to virtually
attend its August 2021 presentation.

TUESDAY, AUGUST 24, 2021

Noon to 1:30 p.m.
No meals or breaks provided.

Please Register at:

https://cottagehealth.zoom.us/webinar/register/WN_JKsKB605TLqqTBOFYHLN5Q

After registering you will receive a confirmation email containing information about joining the training.



Cottage
Psychiatry and
Addiction Medicine

CONTINUING EDUCATION

- Course meets the qualifications for one hour of continuing education (CE) credit for LMFTs, LCSWs, LPCCs, and LEPs as required by the California Board of Behavioral Sciences.
- Santa Barbara Cottage Hospital is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and LEPs (provider # 57341) and Santa Barbara Cottage Hospital maintains responsibility for the program/course and its content.
- Course approved by the California Board of Registered Nursing, Provider #00252 for one contact hour.
- Continuing Education: Attendance for the full hour is required to receive credit. CE credit is not offered for meals or breaks.

FEES: There is no charge to Cottage Health employees. There is a \$15 fee to Non-Cottage attendees who wish to receive continuing education credit.

CERTIFICATES: Cottage Health employees will complete evaluations in Compass Learning. Non-Cottage attendees will receive certificates within 10 business days of returning the evaluation and paying the \$15 fee. Detailed instructions will be provided at registration.

- Grievances may be addressed directly to the Education Department.
- If you are in need of special accommodation, please contact the Education Department at (805) 569-7325.

PROGRAM COORDINATORS

Carole Reynolds Ingraham, LMFT
Jasmin Juarez

EDUCATION CONSULTANT

Christine Block, MSN, RN, SCRNP

TARGET AUDIENCE

Addiction Counselors
Clinical Nurse Specialists
Counselors
Marriage & Family Therapists
Nurse Practitioners
Nurses
Occupational Therapists
Occupational Therapy Assistants
Other Mental Health Professionals
Pharmacists
Psychologists
Psychotherapists
Social Workers

Learn more about our Psychiatry and
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