Online Resources, Support Groups and Apps for Children, Teens and Parents with Type 1 Diabetes

Beyond Type 1 is an app that provides a community for those impacted by Type 1 Diabetes. Download at:

apps.apple.com/us/app/beyond-type-1-diabetes/id1116247769

T1D Mod Squad is a registered not-for-profit organization whose mission is to equip and support the parents and caregivers of children diagnosed with Type 1 Diabetes. t1dmodsquad.org

Children with Diabetes is an Ohio-based 501(c)(3) non-profit organization dedicated to providing education and support to families living with Type 1 Diabetes. **childrenwithdiabetes.com**

Just for Parents is an online program to help parents of teens who have Type 1 Diabetes. **diabetesparents.org/index.jsp**

Behavioral Diabetes Institute (BDI) was created to help people better identify, understand and address psychological demands of diabetes in order to thrive. behavioraldiabetes.org/programs/parents-of-children-teens

JDRF is the leading global organization funding Type 1 Diabetes research. jdrf.org/t1d-resources

American Diabetes Association strives to prevent and cure diabetes as well as improve the lives of people affected by diabetes. **diabetes.org**

Dlife provides education, a blog, recipes and more for those diagnosed with Type 1 Diabetes. <u>dlife.com</u>

Padre Foundation provides educational classes, support groups and psychosocial events for all children living with Type 1 Diabetes, as well as for their parents and siblings. padrefoundation.org/about.html

Children's Diabetes Foundation raises funds for the Barbara Davis Center for Diabetes and focuses on research and support clinical and educational programs. This site offers resources and volunteer opportunities to build awareness of diabetes and symptoms. childrensdiabetesfoundation.org/about-us/our-mission

COMMERCIAL SITES

Integrated Diabetes Services is a company offering diabetes self-management services and training for children and adults. <u>integrateddiabetes.com</u>

Diabetes Services provides excellent information and products focused exclusively on diabetes. Their expertise in diabetes and commitment to providing easy-to-understand, cutting-edge information allows them to provide valuable resources, including extensive diabetes information and an online diabetes store. opensourcediabetes.org

Diabetes can be a complicated disease to manage, especially for the newly diagnosed. It affects men, women, and children differently. This website provides information and education: diabetesnet.com

VIDEOS

HELPFUL INFORMATION

- Brief Intro Kids with Type 1 Diabetes Speak Out: youtube.com/watch?v=ypXyl-gY8LI
- JDRF Type 1 Diabetes 101: youtube.com/watch?v=E0M4oxBtnXo
- Test your own BG: youtube.com/watch?v=I43VwbExu3Q

ATHLETES WITH DIABETES

- Baseball: Chris' Quick Tip- Diabetics Playing Sports youtube.com/watch?v=11ZIFZnSLXU
- Basketball: youtube.com/watch?v=W1dR8rFBDYU
- Football: youtube.com/watch?v=4MmbwQfGn Hs&list=PL8E11F19425B61090

STORIES

- Chris' Dad's Story Test Strips: youtube.com/watch?v=3yRZ7pYMWgg
- Support Group Teens: youtube.com/watch?v=qqYVRJpZz5s
- Helmsley Charitable Trust Type 1 Diabetes Program: youtube.com/watch?v=06rpdVs0okE
- dLife -Insulin Independence:
 youtube.com/watch?v=vec_m82lxNk

To learn more about Cottage and diabetes care, visit:

<u>cottagehealth.org/childrens/</u> outpatient/diabetes-endocrinology

