

Cottage Rehabilitation Hospital



A guide on **what to expect** during your stay



What to expect at Cottage Rehabilitation Hospital (CRH) in comparison with your acute hospital stay

SEMI-PRIVATE ROOMS

At CRH, all patients will have a roommate, unless medically indicated otherwise by the physician.

CLOTHING

Patients wear their own clothes as opposed to hospital gowns. You will not need regular clothes on the first day of your stay, but you will on all subsequent days.

FOOD

The same great food options that are available at Santa Barbara Cottage Hospital are available at CRH, with the same call-in order process. However, all patients will be strongly encouraged to eat in our communal dining space at set meal times.

VISITING HOURS

Visiting hours are from 7:30 a.m. to 8 p.m., Monday through Friday, and 8 a.m. to 8 p.m. on weekends. Visitors must check-in with the Concierge at the front lobby entrance on De La Vina Street.



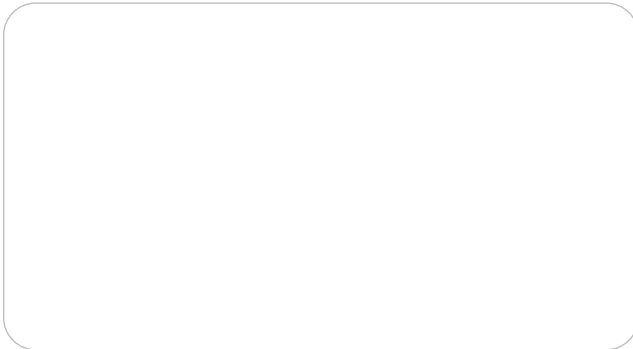
What is **Acute Rehab**?

CRH is a comprehensive medical rehabilitation unit. While at CRH, patients participate in a minimum of three hours of therapy per day, five days a week. The majority of patients participate in additional therapies. Therapy disciplines include occupational therapy, physical therapy, speech-language pathology, psychology and therapeutic recreation.

Patients are treated by physical medicine and rehabilitation physicians, an internal medicine physician and rehabilitation nurses.

CLINICAL LIAISON

For questions about your rehabilitation experience, please contact your designated clinical liaison:



We look forward to assisting you on your rehabilitation journey!
Sincerely,

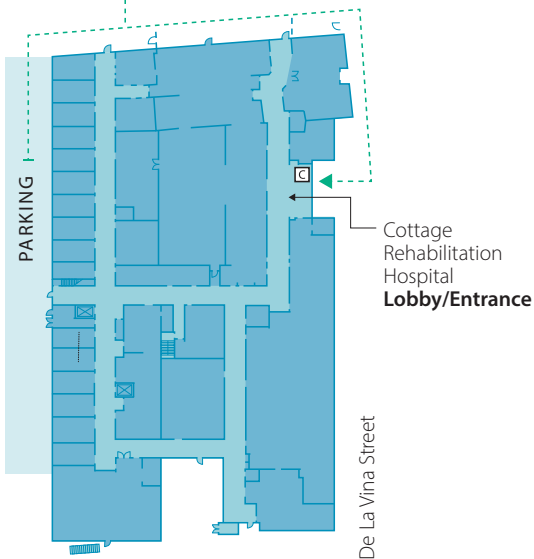
PARKING

Self-parking spaces are located behind the hospital — by accessing the lanes either from Quinto Street or Bath Street. Once parked, follow the walkway to the Lobby Entrance. Street parking is available with the exception of street cleaning restrictions on Wednesday and Thursday afternoons. Please note street signs with street cleaning days and hours, depending on the side of the street.

Main CRH Number:
805-687-7444

(Give operator extension or patient name or room number)

Please walk on the outdoor walkway from the Parking area to the Lobby/Entrance located on De La Vina Street.



Cottage Health is a not-for-profit community healthcare organization dedicated to providing medical excellence close to home.

Serving Santa Barbara, Ventura and San Luis Obispo counties for over 60 years, CRH is the Central Coast's premier provider of medical rehabilitation services. CRH is recognized for its quality of compassionate care.

For additional information about CRH programs and services, call 805-687-7444 or visit cottagehealth.org/rehab.

We look forward to serving you.

COTTAGE REHABILITATION HOSPITAL

2415 De La Vina Street
Santa Barbara, CA 93105

805-687-7444

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Now Available

